

Why Do I Feel So Insecure?

When a person suffers abuse, a cascade of harmful effects falls into place like a mile of dominoes stacking one upon another. Beyond the physical wounds that heal rapidly, are the mortal wounds to the soul. Left unchallenged, these wounds leave us separated from God, distort our true identity in Christ, and hinder relationships with others.

Separated from God Isaiah 59:1-2 "Behold the Lord's hand is not shortened, that it cannot save; Nor His ear heavy, that it cannot hear. But your iniquities have separated you from your God; and your sins have hidden His face from you."

The last couple of years have been a threshing floor experience for me. Everything that could be shaken, has been shaken in my life. After fighting the process for quite some time, I finally decided to embrace it and allow the Lord to reveal everything in me that was not pleasing to Him. Consequently, I've walked through relationship challenges, financial challenges, and countless struggles with my flesh.

As most of you know, I moved to Texas at the end of last year. I was alone, in a new place and nothing felt familiar. My savings was gone, and I was thousands of dollars in debt within just a few short weeks of arrival. Working only part time from my little apartment, I wondered how I would pay my rent or buy food. I reached out to the Lord in faith crying, "You are my security Lord!" I knew He was in my trials and He would be faithful, but I felt so insecure. My flesh rose-up seeking comfort, comfort in anything! But there was nothing tangible that could meet that deep heart cry.

God put wonderful people in my life, to pray for me and light the path ahead. The loving support of friends kept me moving forward. Week after week, God graciously met every financial need. Then one day I said to the Lord, "I need you to be my security. Please help me understand, why do I feel so insecure?"

He replied, "Because you have judged me."

I gasped. The Holy Spirit took me back to the first place I had a bitter offense and judgment against God. Ritual abuse began for me in utero. The enemy brutally attacked me in the womb, and I felt abandoned and unloved by God while the enemy tormented my tiny soul.

I immediately thought about bitter root judgments, referenced in Hebrews 12:15, "Looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled."

Maybe you can relate to these thoughts. Regardless of when the abuse happened, it may have followed with accusations and judgments against God. The list is long, but it may begin with... "You did not protect me, God! If you loved me, you would not have let it happen! You could have stopped it, but you didn't. You abandoned me."

Galatians 5:9 says, "Don't you know that when you allow even a little lie into your heart, it can permeate your entire belief system?" (TPT)

These are weighty and harsh accusations against the King of the Universe, the Almighty! It is nearly impossible to see Him correctly when human judgments stand in the way. I had sown judgment and I was reaping insecurity.

When people stop trusting God, and do not trust others to meet their needs, it leaves them dependent on self. People become self-reliant and independent, creating a burgeoning stronghold of self that hinders all relationships, especially with God. In essence, we become our own god of earthly flesh. We sit on the throne of our own soul, attempting to control everything around us. And when this doesn't work, we cry, "Where are you God?" at least this is what happened to me.

Paul said in Galatians 5:16, "Let me emphasize this: As you yield to the dynamic life and power of the Holy Spirit, you will abandon the cravings of your self-life." (TPT)

As with all things spiritual, the good news is we can always repent.

To follow are some general steps for repentance and reconciliation.

- 1) Prayer of repentance: My Heavenly Father, please forgive me for judging you. I choose to trust that you are a good, good Father and you have always wanted good for me.
- 2) In repentance, I renounce the lies and break the accusations and bitter root judgments that I held against you in my heart, under the Blood of Jesus. (List the specific judgments out loud.) (For more information to break bitter root judgments see the link for Bitter Root Judgments.)
- 3) Bind every demon of accusation, and judgment. Cast them out.
- 4) Repent for playing god and break the Stronghold of Self. (See the link for the Stronghold of Self).
- 5) Heavenly Father, please restore my relationship with you, and help me to see you as you truly are. Father, please make me one with you, just as Jesus prayed in John 17:21-23.
"... that they all may be one, as You, Father, *are* in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me. ²² And the glory which You gave Me I have given them, that they may be one just as We are one: ²³ I in them, and You in Me; that they may be made perfect in one, and that the world may know that You have sent Me, and have loved them as You have loved Me." (NKJV)

God gave me a picture. I saw a giant anchor and I was wrapped around it, clinging to it with all fours. My heart cried, "God I have to know that I am so secure in you and that we will never be separated again."

He gave me another picture. This time it was the largest bolt I have ever seen ratcheted securely to the bow of a huge ship. Then I heard Romans 8:38, "*For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, ³⁹ nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.*" (NKJV)